BOWRAVILLE CENTRAL SCHOOL
NEWSLETTER

Proud member of Nambucca Valley Community of Public Schools

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TERM 3, WEEK 8, 2nd September 2015

PRINCIPAL: Malcolm McFarlane

Calendar

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<td>World Rally</td>
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B.C.S. BOOK WEEK 2015

![Various images of children reading books and attending the book week event.](image_url)
**PRINCIPAL’S MESSAGE**

*A Positive School*
Sincere thanks and congratulations to students and staff who have been involved for many months in planning an improved – and more positive – approach to behaviour at Bowraville Central School.

‘Positive Behaviour for Learning’ is a wonderful focus on how we are together as a school community. After much surveying and consultation it was determined that our four key values would be: Respect, Resilience, Responsibility, and Teamwork. For some time now, activities and discussions around these themes have taken place across the school. It is with great excitement that we this week launch a student booklet to further this whole-school improvement: ‘Stronger Smarter Student Booklet’.

This initiative is a trial for the remainder of 2015. It does not replace our existing Gold/Diamond system, but rather is a positive overlay to it as we transition to a new model for 2016. We will of course be seeking feedback over the coming months from students, families and staff to best determine the most positive next steps. As stated in the booklet, this initiative is aimed at supporting our students to become stronger and smarter. ‘This is in a collective effort to optimise the social, emotional, and academic outcomes of our students.’

Have a great week.
Malcolm McFarlane

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**SCHOOL NEWS**

*The Quiz Board Masters*

Jonah and Boyd from Year 6 with their completed Quiz Board

Throughout the year Jonah and Boyd have spent quite a few lunch times in Mr Day’s room putting together a varied range of experiments with electrical circuits.

The one displayed here is an electric Quiz Board which challenges users to match an adult animal with the name of their young.

“It’s easy to use”, say the boys. “all you have to do is place one of the wands on the metal button next your adult animal and then place the other wand on the button next to the young of that animal. If you are correct the light at the top of the board will glow. If it doesn’t, you have to try again.”

Boyd and Jonah have enjoyed making this device and agree that there is more involved in a project like this than they realised.

“From the first idea, the planning construction and wiring has taken quite some time but we learned as we went,” said Boyd.

Jonah added, “we can even change the questions and answers to whatever is needed. Maybe we might do countries and capitals or periodic table next time.”

The boys will be taking their project around to the infants and primary classes for a demonstration this week.

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**Donate Life Fundraiser Friday**
4th September 2014

*Jersey Day Gold Coin Donation*
Bowraville Theatre

High St Bowraville

Bowraville Central School proudly presents

"THE WIZARD OF OZ"

Matinee
12:00pm
WEDNESDAY
2nd September 2015

Evening Show
6:00pm
THURSDAY
3rd September 2015

$5.00 Single
$15 Family
Tickets available at School Office

Further Information contact Bowraville Central School
Ph: 65647162 Email: bowraville-c.school@det.nsw.edu.au
**Transition Schedule - Kinder 2016**
Wk 8 Thurs 3rd Sept School Visit 10.30 - 11.30 (library & recess)
Wk 9 Wed 9th Sept School Visit 10.30 - 11.30 (games & recess)

**Term 4: Compulsory Interviews & Formal Transition**
Wk 2 Tues 13th Oct - Kinder enrolment interviews
Wk 3 Tues 20th Oct - Transition Orientation 9.30 - 11.00 (Tour & Class)
Wk 4 Tues 27th Oct - Transition 9.30 - 11.00 (Class - literacy focus)
Wk 5 Tues 3rd Nov - Transition 9.30 - 11.00 (Class - numeracy focus)

**Wanted Old Bricks**
Looking for anyone to donate old bricks for paving the outside classroom at the Bowraville Community Garden.
If you have any bricks please let the school know by ringing 65647162.

**Fruity Summer treat – Iced Fruit Kebabs**
**Ingredients:**
- 1 kg watermelon
- 3 large mangoes
- 200g strawberries
- 3 kiwifruit

**Method**
Remove the rind and seeds from the watermelon, cut into 1.5cm thick slices (use a star cutter to cut shapes from the flesh if available). Cut the strawberries in half. Cut the cheeks from the mango stone, remove the skin and cut each cheek into thick slices. Remove the skin from the kiwifruit and cut into 1.5cm thick slices. Thread the fruit onto bamboo skewers and place on a paper-lined non stick baking tray. Cover with plastic wrap and freeze until solid. Makes 8.

**Recipe source:** Healthy Kids - Eat Well, Get Active

**Fruit & Veg Month is Here!**
This is an initiative of the Healthy Kids Association to introduce more fresh fruit and veg into our children’s diet. It focuses on the “Green to go” foods which are available to us on a regular basis.

During the next week we plan to purchase a variety of fresh food for the children to “taste test” in it’s raw state. No doubt we will have lots of “yum” results but also some “yuk” responses.

Please cut out the following permission note and advice form and return it to school by 9.00am Monday 7th September. We will be keen to try an unusual fruit or veg, so if you happen to grow any, we would welcome them.

*John Day*
Dear parents/guardians/carers,

**Our school is celebrating Fruit & Veg Month!**
This is a great program that will educate your child about the benefits of eating fruit and vegetables as part of a healthy lifestyle. Activities will cover a range of curriculum outcomes. Some activities involve students **taste testing fruit and vegetables.** Some students may have allergies/intolerances to certain foods.

Please complete and sign the permission note below and return to your child’s teacher by Friday 4th September 2015.

John Day  
Fruit & Veg Month Coordinator

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**Permission Note**

**FRUIT & VEG MONTH**

**FRESH FOOD TASTE TESTING - FRUIT & VEGETABLES ONLY**

I do/do not consent to ___________________________________________ of class __________________

Participating in Fruit & Veg month. I understand that my child will be taste testing various fruit and vegetables.

Parent/Caregiver’s Name ___________ Parent/Caregiver’s Signature ___________ Date ___________

I wish to advise that my child has a food allergy or intolerance to the following food.

Child’s name ___________________________________________

Food not to be consumed
__________________________________________________________________________________________
__________________________________________________________________________________________
__________________________________________________________________________________________
Canteen Term 3

Meal Deal Special $5.00

Meal
- Chicken & Cheese sandwich / toasted
- Ham & Cheese sandwich / toasted
- Creamy Pasta bake (Mince, pasta, cheese)

Drink
- Water
- Fruit Popper (apple/orange)

Treat
- Alfie Pop
- Canteen made snack

Fruit
- A piece of in season fruit
- Recess
- Lunch

Father’s Day Stall
Thursday 3rd September
Friday 4th September
During recess
Gifts range from $2.00 to $10.00

Rally Meal Deal
The canteen is having a rally pizza meal deal day on Friday 11th September. The pizzas are from a bakery so we must have the order forms in by Tuesday 8th September so it will give me time to order them. Order forms below and at the canteen.

Rally Meal Deal
Pizza Day

Pizza and Can $5:00 or
½ Pizza and Popper $3:00

Date: Friday 11th September

Name___________________________
Class_______

I would like to order _____ Pizza and Can
(Please circle)  Ham & Pineapple  Meat lovers Supreme

I have enclosed $______

I would like to order ____½ Pizza and Popper
(Please circle)  Ham & Pineapple  Meat lovers Supreme

I have enclosed $______

Orders must be in by Tuesday 8th September

Canteen’s Hot Dog Tuesday
Cost: $2.50

Tuesdays will be Hot Dog Day.

A big thank you to Natalie and Chara for their help in the canteen.

Tomato or BBQ source (please circle)
Macksville Ex-Services Junior Cricket Club

season commences as follows:

Milo In2cricket - Tuesday October 13th at Thistle Park Macksville.

U10s - Saturday 10th October 9am at Macksville Park, Willis St.

U12s and U14s - training after school Tuesday 8th September at Donnelly Welsh Playing Fields, Macksville

Registrations will take place at training.

Please see our facebook page for more information or contact Tom Mann 0417 497 001.

BUSH DANCE

Valla Hall
Saturday 12th September, 7pm.

A great night for all, in the lovely rural setting of Valla. Bring along your family and friends. Dancing will include ‘Strip the Willow’ and ‘Heel Toe Polka’ and lots more that they will teach on the night. Please bring a plate of supper to share. Cost is $10 per person, $25 family. Further information 6569 5121.

Get off your screen - try Joeys!

Parents – do you want opportunities for your kids to get away from a tv or computer screen, to learn new skills and make new friends? If this sounds like you, then the new ‘Joeys’ section of the Nambucca Valley Scout Group could be just what you are looking for.

‘Joeys’ is for girls and boys aged between 6 and 8 years of age. Typical activities include indoor and outdoor games, learning traditional scout skills, and taking part in civic activities such as Anzac ceremonies and other community events, along with the older members of the Scout Group.

If you would like to know more about ‘Joeys’, then please come along to our Information Session at the Scout Hall in Partridge Street, Macksville, on Thursday 3 September at 6pm, to learn more.

It is proposed that Joeys will meet between 5.15pm and 6.15pm each Thursday during term time, and that the section will be operational by the beginning of Term 4. At the information night you will be offered the opportunity to sign up your child, with an initial deposit of $30 being required. Full details will be available on the night. If you are unable to attend, but would like more information, please contact the Group Leader Anissa Ruitenbergen on 6569 6157 (ah) or 0417 448 204.
Bowraville Theatre – September 2015

Sunday 20th September at 2pm the Theatre is delighted to screen ‘What We Did On Our Holiday’. A film made in the United Kingdom in 2014 about a family travelling to the Scottish Highlands to celebrate Doug’s ailing Father’s birthday. The father is played by Billy Connolly, his son Doug played by David Tennant and the wife Abi played by Rosamund Pike who are not officially together but are doing this for his father Gordie who is nearing the end of his life. This is a farce that gets out of hand along the way. This movie will keep you laughing and engrossed in this muddled family along the way. Doors open at 1pm. Entry $12.00, concession $10.00 and BAC members $8.00.

Sunday 27th September at 2.00pm, the Bowraville Theatre is proud to present Narelle Evans in her show ‘Rockabilly Women’ paying tribute to the female pioneers of rock’n’roll. This talented singer will tell the story in music of the ladies who back many years ago were considered vulgar and obscene. Narelle will be joined on stage by Jack Evans (guitar and vocals) ex Steve Prestwick and Cold Chisel, Chris Perry (bass and vocals) ex the Moods and the Jive Bombers, and Antero Ceschin on drums, ex the Mighty Reapers, what a line up.

Tickets will be available at the Box Office. Entry $20.00, also available online at www.stickytickets.com.au/25923.