## Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Date</th>
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</tr>
</thead>
<tbody>
<tr>
<td>17th September</td>
<td>Gold Day</td>
<td>13th October</td>
<td>Kindergarten Enrolment Interviews</td>
</tr>
<tr>
<td>18th September</td>
<td>End of Term 3</td>
<td>20th October</td>
<td>Kindergarten Transition 9.30 to 11.00am</td>
</tr>
<tr>
<td>6th October</td>
<td>School resumes</td>
<td>27th November</td>
<td>Kindergarten Transition 9.30 to 11.00am</td>
</tr>
<tr>
<td>13th October</td>
<td>Year 7 vaccinations</td>
<td>3rd November</td>
<td>Kindergarten Transition 9.30 to 11.00am</td>
</tr>
<tr>
<td>13th October</td>
<td>Years 11 &amp; 12 catch up vaccinations</td>
<td>9th to 10th November</td>
<td>Great Aussie Bush Camp</td>
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## Bowraville Central School Spring Fair
PRINCIPAL’S MESSAGE

An Extraordinary Term

It was so good to join together this week as a school community at the Term 3 Assembly. Year 12 2015 were of course the guests of honour. Though we will have a farewell breakfast for them this Friday morning and a more formal function next term, they have now had their final regular whole school assembly as students of Bowraville Central School.

Each year since 2008, we have proudly farewelled Year 12 at Bowra. Each year is unique because any year group – like any class, staff, P&C, sporting group or family – is made up of individuals. Our 2015 Year 12 is not a large group but it has no shortage of individuals. We are proud of you all for making it this far in your formal education journey. Your learning journey of course never ends, but we wish you all the very best as you prepare for final exams in a few weeks, and then transition to the futures of your choosing.

This term has been extraordinary in the number of activities students have had the opportunity to experience, and the successes we have celebrated. Among our study body at Bowraville we have state athletics champions, Wizard of Oz stars, national sporting referees, Masterchefs-in-training, and recipients of state humanitarian awards.

There is no finish line in our efforts to make Bowraville Central School a better and better place. My congratulations and thanks to all students staff and community members for ensuring that Term 3 2015 was a very memorable term indeed.

Please have a happy and safe Spring break and I look forward to continuing our collaborations when Term 4 commences on Tuesday 6th October.

Malcolm McFarlane

SCHOOL NEWS

Spring Fair

Year 9 held a Spring Fair at the Bowraville Community Garden last Thursday to raise money for the Year 10 Formal and a gift for the school. Over $700.00 was raised on the day.

Students, parents and friends all enjoyed gorgeous weather, great food and fun activities which included a guessing competition won by Bailey McVery.

Thank you to Year 9 for their awesome effort and Mr Le Cerf and Mr Mason for being good sports for getting wet in the sponge throwing.

Congratulations to Georgett Morgan who received the Fred Hollows Humanity Award to recognise the outstanding care and compassion shown for others.

Congratulations to Richard Clarke, Megan Cochrane, Owen Rushton, Helen Rushton and Maureen Hanson who received Service Awards from the Department of Education and Communities in recognition of their valuable contribution to education and training in New South Wales.

Exam stress busters

The mere thought of an exam can make kids nervous. Help create the right study conditions for your child in the lead-up to exams and know the warning signs if it’s all getting too much.

Find out more: http://bit.ly/L1e2fV
Fresh Fruit & Veg Tasting

During last week most infants and primary students were able to taste a variety of fruit and vegetables as an awareness program initiated by NSW Department of Health.

It was a great success with children eagerly trying food that they were familiar with and in some cases hesitantly trying unfamiliar fruit or veg.

Generally the most popular comment was, “I’ve never tried this before and it’s yum.”

However, there were also a few comments such as, “I can’t eat this, yuk! Or “I didn’t like that but at least I know what it tastes like.”

Some of the foods prepared for tasting were celery, chinese cabbage, lebonese cucumber, various types of grapes, star fruit, bean sprouts, sweet corn, watermelon, rockmelon, tangerines, lemonades, capsicum, pineapple, paw paw and mushroom.

So hopefully next time you are shopping with the kids you might be able to convince them to try something different.

I would appreciate your feedback.

John Day.
Transition Schedule - Kinder 2016

Term 4: Compulsory Interviews & Formal Transition
Wk 2 Tues 13th Oct - Kinder enrolment interviews
Wk 3 Tues 20th Oct - Transition Orientation 9.30 - 11.00 (Tour & Class)
Wk 4 Tues 27th Oct - Transition 9.30 - 11.00 (Class - literacy focus)
Wk 5 Tues 3rd Nov - Transition 9.30 - 11.00 (Class - numeracy focus)

LOST PROPERTY
Our lost property box is overflowing with winter uniforms and items left behind at excursions.

Please check it soon as it will be Emptied at the end of this week!

CANEEN NEWS “Eat Healthy Stay Happy”

A big thank you to Natalie and Chara for their help in the canteen.

Canteen Term 3
Meal Deal Special $5.00

Meal
☐ Chicken & Cheese sandwich / toasted
☐ Ham & Cheese sandwich / toasted
☐ Creamy Pasta bake (Mince, pasta, cheese)

Drink
☐ Water
☐ Fruit Popper apple/orange

Treat
☐ Alfie Pop
☐ Canteen made snack

Fruit
☐ A piece of in season fruit

Name........................................................................
Class .................................................................

PHONE NUMBERS
If parents/carers have changed their phone number, (especially mobile) it is important to let the school know in case of emergencies.

Please let us know on 6564 7162 or send a note with your child. It is also important for parents/carers who wish to contact their child that they ring the front office and not the student’s mobile phone. Students are not permitted to use their mobile phones during school times for a number of very good reasons.

Thank you for your cooperation.
Kerri Argent
Deputy Principal.

Fundamental Movement Skills at Home - Kicking

Kicking is used in many different sports and children’s playground games. Practise kicking at home and make sure your child:
- Takes a long step before making contact with the ball
- Places their non-kicking foot next to the ball
- Kicks with their toe or shoe lace area of their foot

For more information go to www.healthykids.nsw.gov.au
COMMUNITY NEWS

CELEBRATE BIKE WEEK NSW 2015

For the second year in a row, Nambucca Shire Council is joining with Nambucca Plaza and local bike riding groups to host a cycling celebration on 20 September with guided bike rides and other activities.

Supported by NSW Bike Week, the Nambucca Heads Bike Week event will include local cycling group volunteers conducting bike safety checks and prizes awarded for the best decorated bikes.

NSW Bike Week is an annual celebration of cycling, encouraging people from all walks of life to get on a bike and ride – for health, for transport, for fun. Information on bike rides in the local area and other cycling information will be available.

The event starts at 9.30am Sunday 20 September at the Plaza Shopping Centre car park with bike safety checks. All bike riders must have helmets and ride-worthy bikes. The best-decorated bike parade takes place at 9.45am with prizes donated by local businesses.

Rides will begin shortly after, with three planned rides in the immediate area, including to Kingsworth Estate and back, through Kingsworth Estate and back through the forest at Jacks Ridge, and farther afield along Nambucca Heads’ cycleways.

More information on these rides will be available on the day.

Participants can find more information on Council’s website www.nambucca.nsw.gov.au Children under 14 years of age must be accompanied by an adult.

2NVR welcomes The VAS Brothers to Studio 3 Live

Vic Manuel with the VAS Brothers, Victoria Lewis, Anton Halim and Steve Lingard, combine musical versatility in their alt-folk, old-timey performances, blending multipart vocal harmonies with guitar, ukulele, banjo, resonator guitar, fiddle, harmonica and tin whistle. Together they enrich their original songs and interpret other compositions, weaving unique rhythms with lyrics telling stories that will make you laugh and cry!

For their Radio Nambucca, ‘Studio 3 Live’ radio gig on Friday September 18, 6-8pm, Vic Manuel and the VAS Brothers will be joined by the legendary George Bibicos (the Danglin' Brothers, Psycho Zydeco, AstroTabasco, the Navahodads,) on piano! Don’t miss this special live to air performance! Tune in to 2NVR on 105.9FM, stream via www.2nvr.org.au or come along to join in the wonderful atmosphere at the studio. This is a free & family friendly event at 834, Rodeo Drive, Tewinga. BYO refreshments and nibbles to share.

Kids' Club

Kid’s Camp is a great way to get the kids off the couch and active this school holidays. Packed with exciting activities and games, this day only camp will have the kids entertained, making new friends and reconnecting with nature. It’s the natural way to unplug. Parents must arrange transport to and from the Centre each day. The program begins at 8:30am and finishes at 4:30pm. Lunch is included.

THE FUN NEVER STOPS

From adventure challenges and water-based activities to bush outings and recreational fun, there’s plenty of non-stop action for your kids to choose from. Seasonal activities may include:

- Climbing wall, challenge ropes course
- Canoeing, kayaking, sailing, snorkelling, swimming
- Archery, tennis, basketball, fencing, bike-riding
- Beach walking, cookout.

For information about health and safety, camp life and what to pack, visit sportandrecreation.nsw.gov.au/kidscampparentinfo

Macksville Marlins Amateur Swimming Club

Registration Day

Macksville Marlins is a family friendly swimming club for swimmers of ALL AGES and ABILITY. We are offering the new Junior Dolphins program this season with FREE MEMBERSHIP for swimmers aged 7 and under as well as a bonus Dolphin bag and T-Shirt!

Get involved in Australia’s most popular Olympic and Paralympic sport!

Date: Wednesday 7 October
Time: Registrations from 5pm
Location: Macksville Memorial Aquatic Centre
Phone: Lyndel Sutton 0409 681 207
Email: macksvillemarlins@gmail.com
Facebook: Macksville Marlins

Nambucca Valley OOSH

offers Vacation Care in Nambucca & Macksville over the school holidays.

Hours: 8am to 6pm
Phone: Gail or Natalie at the office for more info on 65681474 or email vaccare@bigpond.com

In addition to the programmed items above, we also offer a variety of other activities each day.

After School Care is available at our Nambucca Centre during school terms.
Bowraville Theatre—September 2015

Sunday 20th September at 2pm the Theatre is delighted to screen ‘What We Did On Our Holiday’. A film made in the United Kingdom in 2014 about a family travelling to the Scottish Highlands to celebrate Doug’s ailing father’s birthday. The father is played by Billy Connolly, his son Doug played by David Tennant and the wife Abi played by Rosamund Pike who are not officially together but are doing this for his father Gordie who is nearing the end of his life. This is a farce that gets out of hand along the way. This movie will keep you laughing and engrossed in this muddled family along the way. Doors open at 1pm. Entry $12.00, concession $10.00 and BAC members $8.00.

Sunday 27th September at 2.00pm, the Bowraville Theatre is proud to present Narelle Evans in her show ‘Rockabilly Women’ paying tribute to the female pioneers of rock’n’roll. This talented singer will tell the story in music of the ladies who back many years ago were considered vulgar and obscene. Narelle will be joined on stage by Jack Evans (guitar and vocals) ex Steve Prestwick and Cold Chisel, Chris Perry (bass and vocals) ex the Moods and the Jive Bombers, and Antero Ceschin on drums, ex the Mighty Reapers, what a line up.

Tickets will be available at the Box Office. Entry $20.00, also available online at www.stickytickets.com.au/25923.

Saturday 10th October at 7pm, the Theatre will screen the film ‘AMY’ the sad and true story of Amy Whinehouse who was so talented and left this world at such a young age. We will publish further details about this film shortly and watch the Theatre window for all information about the forthcoming shows.

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**Bowraville Folk Museum**

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AS GOOD AS YOU’LL SEE

Open 10am to 3pm, Sat & Tues.

Monday to Friday 10.00am to 3.00pm.

Saturday & Sunday 10.00am to 1.00pm

Every day during the school holidays.

Coach enquiries welcome

Ph: 6565 8200

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**Bowraville & District ExServices Club**

Phone: 65647304  ABN 92 001 062 844

i-Wok Family Chinese Restaurant Ph: 65648898

Dinner: 5.00pm to 8.00pm Wednesday to Sunday

Lunch: 12.00noon to 2.00pm Wednesday to Sunday

Bingo: Thursday 11.00am start

Raffles and Membership draw

Wednesday and Friday evenings

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