Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>27th November</td>
<td>P &amp; C meeting 6.00pm to 8.00pm - Library</td>
<td>12th December</td>
<td>Presentation Day</td>
</tr>
<tr>
<td>2nd to 4th December</td>
<td>3 Way Interviews - Year 6</td>
<td>16th December</td>
<td>Diamond Day</td>
</tr>
<tr>
<td>9th December</td>
<td>Dolphin Marine Magic - Bridges</td>
<td>17th December</td>
<td>Last day of school for students</td>
</tr>
<tr>
<td>11th December</td>
<td>Year 10 Formal</td>
<td>28th January 2015</td>
<td>School resumes for Years 1 to 12</td>
</tr>
<tr>
<td>15th December</td>
<td>Gold Day</td>
<td>30th January 2015</td>
<td>First day of big school for Kindergarten</td>
</tr>
</tbody>
</table>

Bowraville Central School Students attended the Primary Health and Well Being Camp
Congratulations to Damian Cross who spoke so brilliantly at the Nambucca Valley ANZAC 2015 luncheon last Saturday (22/11/14). After impressing everyone with a speech he created himself at the Bowraville Remembrance Day Ceremony recently, Damian was asked to speak in front of several hundred guests, including the Federal Minister for Veterans’ Affairs, Senator Michael Ronaldson, at Nambucca Heads RSL Club.

It was a very proud few minutes for myself, Jan Sheriff and Di Flanders as we witnessed one of our 2015 school leaders deliver his very mature and thoughtful reflections on those who have served. Well done Damian, and I am sure that you and many other Bowraville Central School students will continue to learn and grow in your understanding of our history as we take part in the very significant ANZAC 2015 celebrations over the coming months.

I look forward to meeting with our P&C team again this Thursday evening. It is a very busy and important time of school evaluation and forward planning. As part of my discussions this week I will be welcoming input into our key strategic directions for the 2015-17 School Plan. It would be great to see as many people as possible there. (6:00pm in Library).

Have a great week.
Malcolm McFarlane

**BOWRA THEATRE CAFÉ**
(Open the last Thursday of every month)
**Menu Thursday 28th August 2014**

<table>
<thead>
<tr>
<th>Beverages</th>
<th>Cup</th>
<th>Mug</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cappuccino</td>
<td>$3.50</td>
<td>$4.00</td>
</tr>
<tr>
<td>Flat White</td>
<td>$3.50</td>
<td>$4.00</td>
</tr>
<tr>
<td>Latte</td>
<td>$3.50</td>
<td>$4.00</td>
</tr>
<tr>
<td>Long Black</td>
<td>$3.50</td>
<td>$4.00</td>
</tr>
<tr>
<td>Tea</td>
<td>$3.00</td>
<td></td>
</tr>
<tr>
<td>Milkshakes</td>
<td>$4.00 Caramel,</td>
<td></td>
</tr>
<tr>
<td>Strawberry &amp; Chocolate</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Soft drinks</td>
<td>$2.00</td>
<td></td>
</tr>
<tr>
<td>Water</td>
<td>$2.00</td>
<td></td>
</tr>
<tr>
<td>Coffee (cup size) &amp; Cake</td>
<td>SPECIAL $5.00</td>
<td></td>
</tr>
<tr>
<td>Iced Gingerbread Biscuits</td>
<td>or</td>
<td></td>
</tr>
<tr>
<td>Gluten Free Fruit Cake</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wraps</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chicken Salad</td>
<td>$6.00</td>
<td></td>
</tr>
<tr>
<td>Tasty Cheese Salad</td>
<td>$5.00</td>
<td></td>
</tr>
<tr>
<td>Ham Salad</td>
<td>$5.00</td>
<td></td>
</tr>
<tr>
<td>Mayo and Sweet chilli sauce available</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sandwiches</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cheese and tomato</td>
<td>$3.50</td>
<td></td>
</tr>
<tr>
<td>Ham, cheese, tomato</td>
<td>$4.00</td>
<td></td>
</tr>
</tbody>
</table>

* Dine in or takeaway – phone in your order 0418648124
* Café open from 9.30am to 12.30pm

---

**BOWRA BLOKES BREAKKIE**
From 7:30am Monday 1st December

All male community members are invited to the school for a breakfast with the Stars (our moustache slinging staff who have carefully crafted fearsome facial follicles for the month of Movember).

Come in and grab a feed and have a chat with some of the fellas you hand your little ones (and not so little ones) over to each day.

As men your community needs you and values you. We’re all in this together.

---

**SCHOOL NEWS**

**Year 6 into Year 7 Three Way Interviews**

Tuesday 2nd and Wednesday 3rd December 2014

Each year Bowraville Central School sets aside time for parents of students coming into Year 7 to meet with the Year Advisor (Mr Clarke in 2015) and our Year 6 teacher Mr Rushton. The purpose of this meeting is to develop a Personalised Learning Plan (PLP) which we share with the Secondary staff.

The meetings will be informal and supportive. They should only take approximately 15 minutes. We would appreciate if students from other Primary schools could bring along a recent report or some work samples so that we can work together to develop some goals for 2015.

The first meeting will be at 8am and the final one at 4pm (see reverse of this page). Wherever possible, meetings will be conducted in the Meeting Room. Parents should book in at the Front Office.

Rob Symonds
Primary Health and Well Being Camp

Thursday 20th and Friday 21st November was the annual (this being our 4th) Ritchie Donovan Health and Well Being Camp held at the Christian Youth Camp at Scotts Head. Students from Years 3 to 6 chose to attend the camp that had a focus on healthy lifestyle activities and also had a cultural education program included in the two day - overnight camp.

Students arrived on Thursday morning to plates of fruit and a quick introduction to the importance of a circle and the way it was used by the local indigenous tribes when holding meaningful discussions.

Using Ritchie’s expertise and the fantastic facilities of the sports reserve, Shot put, Discus and Long Jump became the activity of the morning with all students achieving personal bests. A healthy lunch of sandwiches was devoured after the morning physical activity.

Paul Evans conducted the first Bowraville Central Primary surfing program and this was a hit with students. Before entering the water a water safety talk was conducted and students entered the water well prepared for the surf. Although the Nor-Easter made the surf very sloppy and difficult to read, students had a very enjoyable afternoon attacking the waves, swimming and playing beach cricket. A number of students showed exceptional skill in surfing the waves considering it was their first time surfing. A quick play in the sand was held before returning to camp for showers and another healthy meal.

Then a game of Newcomb ball before a night time walk, spot lighting the wild life on the beach. Another circle time discussion was held around the daytime activities before it was time for bed.

Friday morning saw an early rise and the group trudging down the beach towards the Scotts Headland viewing platform, once again searching for marine wildlife in the ocean. Another hearty breakfast was consumed and a quick packing up of rooms before leaving for the sports ground for instructions on how to successfully High Jump. Once again personal records tumbled as students attempted different methods of jumping over the bar.

A cultural walk rounded off the camp, with students walking the sand spit heading north of Scotts Head. The old weir, the landing site of the Chinese tug and the significance of the Cabbage tree were amongst the topics covered as we walked the 3 kilometre trek before returning down the beach and back to camp for our final meal and camp clean up before returning back to Bowraville.

A big thank you must go to Ritchie Donovan for organising the camp. He is a strong believer of gaining respect of children in this modern world by showing students how things were done in the past. The way he works with students with athletics and instilling some of the cultural values of the Aboriginal people is a credit to him.

Another big thank you must go to Ritchie’s wife, Carol, who provided the meals, Paul Evans for surfing lessons and Mrs Rushton for making herself available for the evening sleepover. This camp once again was a raging success and the values discussed will be alive and well with these students for life.
**P & C NEWS “JUST DOING IT FOR OUR KIDS”**

**P&C MEETING**
27th November
6 – 8 pm
In the Library
Last Meeting for the Year!

Everyone Welcome!

**Multi-2015 Fundraiser**
Next Years fundraising combined in one easy order form and payment… Coming Soon!

**CHRISTMAS HAMPER DONATIONS**
Any donations towards the prizes in this year’s Christmas Raffle would be most welcome, please hand in at the front office as soon as possible so they can be made up into hampers for the raffle drawn on Presentation Day! **THANK YOU**

**C A N T E E N  N E W S** “Eat Healthy Stay Happy”

Thank you to Jamie-Lee, Lisa and Veronica for your help in the canteen last week.

**Canteen Term 4**

**Meal Deal Special $4.50**

**Meal**
- Chicken & Cheese sandwich / toasted
- Ham & Cheese sandwich / toasted
- Wrap - Chicken, Lettuce & Mayo

**Drink**
- Water
- Fruit Popper apple/orange

**Treat**
- Alfie Pop
- Canteen made snack

**Fruit**
- A piece of in season fruit

**Recess**
**Lunch**

Name ..............................................................
Class .............................................................

**DON’T FORGET YOUR MANNERS!**

And treat others in line with respect!

**TO AVOID DISAPPOINTMENT**

Please order your recess or lunch in the morning

When lunch comes home ... again
Almost nine out of 10 Australian parents say children’s resistance is a major obstacle in their efforts to provide a healthy diet, and in many cases school lunches are one of the battlegrounds. But it's a battle families can do without and there are some simple steps to help avoid it.


This Friday, students from Years 9 and 11 have the opportunity to be involved in a student mentor day. SMILE will be an opportunity for older students to help create a supportive environment at our school. Mr Symonds, Mrs Rushton, and Aunty Di Flanders will be involved in training the students. Let Mr Symonds know if you want to be involved. It will be a fun day.
As we all know reading is an essential skill, and for children in particular it is a foundation for learning and engagement in the school years and for life.

The Nambucca Shire Libraries have a large range of resources for children and young adults, including fiction and non-fiction books, magazines, audiobooks and DVDs.

With school holidays fast approaching, Macksville and Nambucca Libraries will once again be hosting the Summer Reading Club, and this year the theme is Adventure! Children will be encouraged to explore fiction with storylines involving exciting journeys, fast-paced plots, heroes and villains. Participation is free, and there are some terrific prizes to be won. Summer Reading Club runs from 9th December 2014 to 23rd January 2015 and entry forms are available at the libraries. For more information, contact the Libraries on 6568906 or 65681422.

The Stuarts Point Players
The upcoming production by the Stuarts Point Players includes a youth production titled “Sleeping Beauty and the Beast” with a wonderful cast of fifteen students aged for 8 to 16 years of age.

Our second production is titled “Four Umbrella Plays” and comprises four short interesting plays linked by a common theme.

These two productions will be held over three consecutive dates in early December.

Tickets are available at Stuarts Point Pharmacy, Gladstone’s Cascade Garden Centre and the Mad Hatters Tea Rooms at Bowraville.

Ticket prices will be Adults: $15, Concession: $12 and students $5.

Our Theatre Restaurant night at Gladstone Community Hall with Smithtown P& C doing the catering will be on Friday night 5th December commencing at 7pm. BYO drinks to this venue.

The following night, Saturday 6th December at 7:30pm we will be performing a Supper show at Stuarts Point Community Hall. This will be a fund raising evening for the Heather Family. Patrons are encouraged to BYO drinks and nibbles.

Our Matinee performance will be at the Bowraville Theatre at 2pm on Sunday 7th December. For phone bookings contact Ian on 65690210 or book on line at tickethost.com.au

MiiMi Aboriginal Corporation will be holding their Annual General Meeting on Friday 28 November 2014, 10.00 am at MiiMi Aboriginal Corporation. All positions will be declared vacant. All members welcome.

What I’ve learned about packing a lunchbox
A bit of fun Help for Parents, Lunchbox
Get back to basics in kindy
By Jillian Lewis

When my son was in Kindy, he found it all so complicated! What did he eat and when? Did he have to carry his lunchbox to the school yard? What if he lost it? (Which he often did.) “Keep it simple,” his wise teacher told me. Her tip? Use two paper bags and mark them with a number 1 and 2. In bag one, put recess. In bag two, put lunch. Then, put them both inside a soft esky-type lunch bag with an ice pack. At recess, he grabbed bag one (no need to remove the lunch box) and at lunch he grabbed bag 2. Everything was recyclable and disposable.
BOWRAVILLE THEATRE, DECEMBER2014. JANUARY 2015.

Sunday 7th December at 2pm The Stuarts Point Players will be performing series of Umbrella Plays. Ticket prices are $15.00, concession $12.00, Students $5.00. these can be obtained at Stuarts Point Pharmacy, Mad Hatters Tea Garden, Bowraville, or phone booklets can be made on 6569 0809, and at the door subject to availability. Doors will open one hour before the show.

Friday the 12th December at 6.30 pm we will be holding our Trivia night at St. James’s Hall, Bowraville to raise money for the Bowraville Arts Council. This will be a Fun night and you can read about this on a separate page in Bowraville Community News.

Saturday 13th December at 7pm the Film Society will be screening ‘Blue Jasmine’ (2013 U.S.A.), a comedy/Drama.

Sunday the 14th December at 2pm, Craig Stewart a well known entertainer from South West Rocks is bringing his show entitled ‘NEIL DIAMOND – THE MAN – THE MUSIC’ to our Theatre. This is one show that fans of Neil Diamond and Craig Stewart will enjoy immensely. Tickets are only $10.00 and are payable at the Box Office. This is one concert not to be missed.

Thursday the 18th December there will be the usual Christmas party and film organised by Dr. Guard, details obtainable at the Dr’s Surgery opposite the Theatre.

THIS IS TIME TO WISH A SAFE AND HAPPY CHRISTMAS TO EVERYONE WHO SUPPORTS OUR THEATRE FROM THE BOWRAVILLE ARTS COUNCIL.

Saturday January 10th at 2pm The Theatre will be screening Blazing Westerns, with the first half showing Superman, the Zorro serial, and Sgt. Preston of the Yukon, a short break and then the main feature ‘Trailing Double Trouble’ directed by S. Roy Luby, a second film in the Range Busters series.

Saturday January 17th at 2pm we will be screening more Westerns, cartoons Small Fry a further episode of Zorro, followed by the first Train Robbers, then the main feature is ‘Kansas Pacific’, a pre Civil War story.

Saturday January 24th at 2pm our final Westerns, ‘All Is Fair at the Fair’, the final episode of Zorro, also a short Annie Oakley film, an interval and then ‘Under California Stars’ a story of Roy Rogers, Trigger, Andy Devine, and many more characters.

For the above shows we have a special rate of $5.00 for adults, and $2.00 for accompanied children. Show your family what you used to see in the Saturday movies.

SPONSORS

Bowraville Community Pre-School

Professional staff in a friendly, caring environment

2-4 yr olds MON, TUES
4-5 yr olds WED, THURS, FRI

Time: 9am - 3pm

Coronation St, (PO Box 65)
Bowraville 2449

WAITING LISTS MAY APPLY PLEASE ENQUIRE EARLY (02) 6564 7657

Bowraville Folk Museum

You’ll find a treasure trove of memorabilia from the past.
AS GOOD AS YOU’LL SEE
Open 10am to 3pm, Sat & Tues.

10am to 12.30pm, Wed & Fr. 11am to 3pm, Sunday.

NORCO RURAL STORE

“Your One-Stop Store

• Petrol • Fencing Materials • Farm supplies • Plumbing Needs • Fertilizers • Good friendly advise

Plus all your hardware and produce needs

51Carlin St Bowraville
Ph: 6564 8648

Bowraville & District ExServices Club

Phone: 65647304 ABN 92 001 062 844

THE COMMUNITY CLUB SUPPORTING THE LOCAL COMMUNITY

i-Wok Family Chinese Restaurant

Every day during the school holidays.
Coach enquiries welcome Ph: 6565 8200

Nambucca Dental Surgery

Phone: (02) 6568 6655 Address: 7 Sussex Street, Nambucca Heads 2448

Medicare Child Dental Benefit Schedule Bulk Billed

General Family and Specialist Dentistry

• Gap free check ups for all new patients with private dental health cover
• Brand new state of the art surgery
• 15% discount for Senior Card Holders
• Preferred provider for HCF and Medibank Private

we love to make you smile!