Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>30th October</td>
<td>School Social</td>
<td>11th November</td>
<td>Kindergarten Transition</td>
</tr>
<tr>
<td>30th October</td>
<td>P &amp; C Meeting—6.00pm to 8.00pm</td>
<td>12th November</td>
<td>Mixed Tag Yrs. 3 to 6. (Coffs Harbour)</td>
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<tr>
<td>3rd to 7th November</td>
<td>Gold Coast Excursion</td>
<td>13th November</td>
<td>Year 12 Formal</td>
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<td>4th November</td>
<td>Kindergarten Transition</td>
<td>13th November</td>
<td>Year 7 Portfolios</td>
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<td>6th November</td>
<td>Year 10 Portfolios</td>
<td>17th to 21st November</td>
<td>WRALS (Year 10)</td>
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<tr>
<td>10th to 13th November</td>
<td>Years 8 &amp; 10 Exams</td>
<td>17th to 18th November</td>
<td>Year 7 &amp; 9 Exams</td>
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Bowraville Central School
2015 Secondary School Leaders

Liam Madden, Shaun James, Damian Cross and Bryce Sisa
**Principal’s Message**

*Secondary Student Leadership*

Due to the timing of our student leadership day this year we were not able to announce the Secondary Student Leaders at the Term 3 Assembly as has become tradition. However following a great day of learning and activities coordinated by Ms Sheriff and Mr Rushton last Thursday we are now able to share the great news about the 2015 secondary leaders.

Damian Cross and Shaun James lead the Junior Secondary School; while Liam Madden and Bryce Sisa take on the responsibilities for the Senior Secondary School. Though it is not common to have all leaders sharing the same gender, I am sure that all four fine young men will be great representatives of both male and female students over the next twelve months. I look forward to working with this great team to make an even better BCS.

Congratulations to all students who put their names forward in this democratic process. Though not everyone could be chosen for these roles, every candidate would have been a great addition to the great history of student leadership in our school. Other opportunities to shine will come along for every member of the Bowraville Central School community in a huge variety of ways.

I look forward to seeing as many people as possible this Thursday evening when the Years 3-12 Student Social and our next P&C meeting coincide.

Have a great week.

Malcolm McFarlane

**SCHOOL NEWS**

*PBL Update #3*

The Positive Behaviour for Learning Team meets every Wednesday from 8.15am in the meeting room. Everyone is welcome to come along!

After lots of community collaboration, surveys and tallying, the top four values have been decided:

- RESPECT
- RESPONSIBILITY
- TEAMWORK
- RESILIENCE

These values were then taken to classes so students and staff could create “Y” charts about what these values look like, feel like and sound like.

We are all excited about continuing along the PBL implementation path and discussing what these values “look like” in different settings. We will start with areas in the playground and the movement of students around the school.

Late last term we had a visit from the Regional Data Collection Team, who came to our school to interview staff and students to gather information to construct baseline data reflecting the school’s wellbeing and discipline policy. We look forward to receiving that feedback in the near future.

Come along to our next meeting and if you can’t attend but wish to share some ideas please contact Mr Rob Symonds.

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**Term 4 School Social**

**Thursday 30th October**

Our Term 4 School Social will be held in the gymnasium from 6.00pm to 8.00pm on Thursday 30th October.

The theme is “Australiaa”

A sausage sizzle will be available and students may purchase a sausage sandwich for $1.00.

The canteen will also be open.

Entry fee is $2.00

Gold students only
2015 Kindergarten Orientation and Transition Program

Parents/Carers and their students commencing school in 2015 are invited to an Orientation Day on Tuesday 28th October 2014 at Bowraville Central School 10:00am to 11:20am.

Parents will:
- Meet key personnel
- Take a tour of the school
- Participate in a practical workshop creating healthy lunches in our beautifully equipped hospitality room with Mrs Eve Riches (our Food Technology/Hospitality teacher) and Elliot Keen (Community Engagement Officer). “Live Life Well” organisation will also be presenting.
- Students will attend a class and participate in learning activities designed to introduce them to cutting edge education that caters for all ability levels.
- Join our Infants children in the playground for morning tea.

A transition program will follow for the next 3 weeks as follows:

Tuesday 4th November 2014
10:00am to 11:20am - Children to bring water and fruit for morning tea.

Tuesday 11th November 2014
12:00pm to 1:30pm - Children to bring water and a packed lunch.

Tuesday 18th November 2014
12:00pm to 1:30pm - Children to bring water and a packed lunch.

Parents are strongly encouraged to attend the first and last sessions.

Enquiries to Bowraville Central School on 65647162

Craig Northfield Malcolm McFarlane
Assistant Principal Principal

Active After-School Communities Program 2014

The Australian Government funded Active After school Communities program will run this Term on THURSDAY afternoons from 3.30pm to 5.00pm in our school grounds. The sessions will run on Thursday afternoons instead of Wednesday afternoons in Term 4 due to some children being involved in cricket training on Wednesdays.

It is important to note that these sessions are run by trained community coaches.

If you wish your child to participate in the Active After-school Communities program please sign the permission available at the school’s office.

Dear Parents

All absences must be explained by note from parents/caregivers or you can phone the school.

Thank You

Diana Flanders

Getting ready for school camp

School camp is one of the highlights of childhood, however, it’s also true that for some children (and their parents) the thought of staying away overnight can create a little anxiety. Read these tips for school camp confidence.

Find out more: http://bit.ly/Zsl9Wg
Wingham RYAG Dairy Camp

During the First week of September school holidays, Ashley Richards, Jamie-Lee Mackaway, Dominic Reynolds and myself travelled by train to Wingham Showground. The train trip was only just under 3 hours long, but we found ways to amuse ourselves.

When we arrived we were escorted to where we were going to stay, we each had a blow-up mattress to sleep on, even though they weren’t the comfiest thing to sleep on and they deflated each night, it was a good night’s sleep.

During our first day, we were taken to the stables and were surprised that there were all these heifers with halters and leads. Then our Leaders Emma and Abby told us that we were each choosing one and they were our responsibility for the week. They were all pretty tame but a bit jumpy.

Each day we would have to give them hay, and take them for drinks of water. Then gradually we put them on some bucket feed. But the worst part was having to pick up the poo with the rakes like a million times a day. That day we were taught how to wash and care for the heifers. I found the washing really fun, because I’ve never washed let alone handled a cow before, so it was a new experience for me. Sometimes the cows would knock over your bucket of water and it would splatter you and your jeans would be soaked. But it wasn’t such a bad thing because the weather was quiet warm.

On our second day, we travelled by bus to some farms about an hour out of Wingham and were shown how to milk the cows and different types of dairies. It was all new to me, so I found it very interesting! Some cows threw a couple of kicks sometimes so you had to be careful and cautious. Later that day we went to another farm and had a big talk about Artificial Insemination (AI). We all got to put on a massive red glove. Everyone pulled funny faces and laughed, but it was a good experience. After that we travelled to Emma’s Farm house and had a BBQ Dinner by the lake, we had hamburgers and they were delicious. Everyone enjoyed themselves and had a good laugh. After dinner we jumped back on the bus and went Ten Pin Bowling in Taree! We put ourselves into groups and tried to beat each other. Lots of people were getting strikes, and some found it hard to even bowl the ball, but everyone had fun and just played the game. That was probably my favourite day! When we got back we had our showers and went back to the hall where we had a couple of guest speakers, one who later showed us how to make bridles for cows, it was a bit tricky, but soon I got the hang of it. After we finished we went out to the stables and fitted them to our heifers. Then we did our usual routine... feed and give the heifers water. When we went back to the hall we were put into groups and we were told that we would be waking up quiet early and each of us would be going to a different farm. So we called it a night so we could get some rest.

On our third day, I myself had to be up at 5:15am to go milking at a dairy in Killawarra. I turned up a bit late so there wasn’t much left to do, but he told me a lot about the cell count in milk production so I still learned a bit. After that we went to a rotary Dairy and watched how it was done, it was computerised and heaps interesting. We went back to the showground after that and washed our heifers and some of us clipped them. Later that night we had a massive dinner and all of the Rotarians were invited. There were a couple of speeches and all of us had to say a little about ourselves. We had a delicious Roast chicken and salad dinner, followed by cheesecake.

Then on a final day, we had mini heifer parade. We got to wash, clip and prepare our heifer. Some of our parents came to watch and some of us were awarded 1st, 2nd, 3rd, and 4th place ribbons. I myself got a participation ribbon. After our parade we did a bit of judging ourselves and had to point out the good and bad aspects of a cow. Then we got on the microphone and had to talk about our heifers. (how much they weighed, how old they were, their name etc.) We had another BBQ lunch with our guests and a presentation was held, and everyone was getting awards and prizes for the good things that they had done throughout the week. We hopped on our train later that afternoon at about 5:00 o’clock and travelled home safely. The camp was such a good experience, I recommend it to anyone who is interested in farming and dairy work. It’s a once in a lifetime opportunity that you won’t regret. It’s the best camp I’ve ever been on!

By Callen Summerville
Research tells us that children who master a specific set of fundamental movement skills are more likely to be physically active as they get older, participate and enjoy more sport. These skills are categorised into 3 groups:

**Stability skills:** e.g. balancing, twisting, stretching

**Locomotor skills:** e.g. running, hopping, jumping, skipping, galloping, leaping

**Manipulative skills:** e.g. throwing, catching, dribbling a ball or striking an object

Encouraging fundamental movement skills at home and school is easy. Here are some tips:-

- Kick, throw and play ball activities with your children
- Encourage them to run, jump, hop and skip during play
- Encourage kids to be involved in dancing
### Beverages

<table>
<thead>
<tr>
<th></th>
<th>Cup</th>
<th>Mug</th>
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<tbody>
<tr>
<td>Cappuccino</td>
<td>$3.50</td>
<td>$4.00</td>
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<tr>
<td>Flat White</td>
<td>$3.50</td>
<td>$4.00</td>
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<tr>
<td>Latte</td>
<td>$3.50</td>
<td>$4.00</td>
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<tr>
<td>Long Black</td>
<td>$3.50</td>
<td>$4.00</td>
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<tr>
<td>Tea(English Breakfast)</td>
<td>$3.00</td>
<td></td>
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<tr>
<td>Herbal Teas</td>
<td>$3.00</td>
<td></td>
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<tr>
<td>Chai</td>
<td>$3.50</td>
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<tbody>
<tr>
<td>Milkshakes</td>
<td>$4.00</td>
<td>Caramel, Strawberry &amp; Chocolate</td>
</tr>
<tr>
<td>Soft drinks</td>
<td>$2.00</td>
<td></td>
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<tr>
<td>Water</td>
<td>$2.00</td>
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Coffee (cup size) & Cake **SPECIAL** $5.00

*Red Velvet Chocolate cup cakes with cream cheese icing or Pear Upside Down Cake*

Cake of the day $2.00

### Wraps

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<tbody>
<tr>
<td>Chicken Salad</td>
<td>$6.00</td>
</tr>
<tr>
<td>Tasty Cheese Salad</td>
<td>$5.00</td>
</tr>
<tr>
<td>Ham Salad</td>
<td>$5.00</td>
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Mayo and Sweet chilli sauce available

### Sandwiches—Fresh or Toasted no extra

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<tbody>
<tr>
<td>Cheese and tomato</td>
<td>$3.50</td>
</tr>
<tr>
<td>Ham, cheese, tomato</td>
<td>$4.00</td>
</tr>
</tbody>
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*Dine in or takeaway — phone in your order 0418648124*
*Café open from 9.30am to 12.30pm*
*Orders can be delivered to the school staff room at 1.00pm*
Thank you to Jamie-Lee, Lisa and Veronica for your help in the canteen last week.
There is now an order form below for the meal deal that is available every day for the low price of $4.50.
This Thursday 30th of October the school will be having their Term 4 social. Canteen will be open from 6pm to 8pm. The SRC will have a BBQ on the go and the theme is Aussie.

**Canteen Term 4**

**Meal Deal Special $4:50**

**Meal**
- [ ] Chicken & Cheese sandwich / toasted
- [ ] Ham & Cheese sandwich / toasted
- [ ] Wrap - Chicken, Lettuce & Mayo

**Drink**
- [ ] Water
- [ ] Fruit Popper apple/orange

**Treat**
- [ ] Alfie Pop
- [ ] Canteen made snack

**Fruit**
A piece of in season fruit

- [ ] Recess  
- [ ] Lunch

Name ........................................

Class ........................................

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**P & C NEWS “JUST DOING IT FOR OUR KIDS”**

**P&C MEETING**

October 30

6 – 8 pm

Any agenda items - just let the school office know to have it placed in the P&C mail.

$2 if you want to become a member so you can help make decisions and have the latest meeting minutes sent to you.

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**P&C 50 Club’s:**

The promotion’s currently on offer:

**($2) Post Office / Gift Shop / Mad Hatters Café**

$50 Gift Voucher

**($1) Renae’s Chocolatique**

$25 Gift Voucher

The prize will be drawn when all squares are sold. Just send in your donation to the school’s front office with the raffle order form. THANK YOU FOR YOUR SUPPORT!

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**DON’T FORGET YOUR MANERS!**

And treat others in line with respect!

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**TO AVOID DISAPPOINTMENT**

Please order your recess or lunch in the morning
PORT MACQUARIE’S 36TH EISTEDDFOD 2014

During the recent school holidays, from Saturday, 20th September until Saturday, 4th October the 36th Annual Dance Eisteddfod was held in Port Macquarie. Shelanya Boorer competed, with other members of the dance troupe from Valley Performing Arts Centre, (VPAC), in Macksville, in the groups over the first weekend, at the Glasshouse. The 12 years and Under troupe competed in 3 events, Jazz, Variety and Modern Expressive and came home with two 1st places and a 3rd! Shelanya also danced with the Open troupe in 2 dances and they got a Highly Commended (HC) in the Song & Dance to a “Burlesque” medley. The Opens were in 4 sections. Shelanya also competed individually in 12 X solo events and in the 12 years & under Open duo section with her good friend, Courtney Duffy, over the following 2 weeks. She got amazing results and was awarded 2 special awards on the Presentation evening on the 4th of October. A list of her wonderful results is below!

Events (11/12years) | Mark | Place
--- | --- | ---
Open Duo any form | 85 | 1st
Novice Tap Solo | 86 | 1st
Novice Mod Exp Solo | 85 | 1st
Open Contemporary Solo | 82 | HC
Open Mod Expressive Impro | 83 | 1st
Open Jazz Solo | 84 | 2nd
Open Own Choreo (14yrs &U) | 83 | --
Open Variety Solo | 85 | 2nd
Open Tap Impro | 83 | --
Open Contemporary Impro | 88 | --
Open Jazz Impro | 87 | 2nd
Open Jazz Championship | 169 | Equal HC
(another jazz solo & impro)
Open Contemp Champ | 175 | Equal HC
(14yrs& U)
(another contemporary solo & impro)

The 2 special awards were:

Novice 11/12 years Tap Dance Special Award
The Nyree Smithers Most promising Impro Award 12 years & under (the is a perpetual trophy)

Shelayna received the Perpetual trophy for Most Promising Impro Dancer at Coffs Harbour
Eisteddfod this year too.
BOWRAVILLE THEATRE –

**Sunday 9th November, 2pm** the Theatre will be screen ‘Breaker Morant - ‘The Retrial’. Entry is $10.00 payable at the door or call the Office on 65647 808. Doors will open at 1pm.

**Saturday 22nd November, 7pm** The Film Society will be screening ‘Summer Hours’.

St. James Anglican Hall, Young St. Bowraville

**Friday 12th December, 6.30pm** Radio 2NVR are kindly assisting us to raise funds for our beautiful theatre with ‘That’s Entertainment’, a Trivia night about music, stage, films and Famous Faces.

BYO drinks, and nibbles. Supper will be available for a gold coin. This is definitely a FUN night. Entry is $5.00.

Please don’t forget our delightful Hospitality Students from Bowraville Central School open our Café at the Theatre on the last Thursday of the month, and serve tea, coffee, cakes and light lunches between 9.30am and 12.30pm, they would love to serve you.

If you have any enquiries, please call the Theatre on 65647808

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**SPONSORS**

**Bowraville Community Pre-School**

Professional staff in a friendly, caring environment.

2-4 yr olds  MON, TUES
4-5 yr olds WED, THURS, FRI

Time: 9am - 3pm

WAITING LISTS MAY APPLY PLEASE ENQUIRE EARLY  (02) 6564 7657

**Bowraville Folk Museum**

Coronation St, (PO Box 65)
Bowraville 2449

You'll find a treasure trove of memorabilia from the past.

AS GOOD AS YOU'LL SEE

Open 10am to 3pm, Sat & Tues.

10am to 12.30pm, Wed & Fri. 11am to 3pm, Sunday.

Every day during the school holidays.

Coach enquiries welcome Ph: 6565 8200

**Bowraville & District ExServices Club**

Phone: 65647304   ABN 92 001 062 844

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we love to make you smile!